

CALMD- A comprehensive kit for social inclusion of people with mental disabilities PROJECT

Newsletter No.2



First transnational project meeting

The first project meeting took place in June 2022 in Timisoara, organized by IREA - the project coordinator, it was a hybrid meeting with the physical participation of the partners from Italy, Portugal and Romania, and the partners from Greece were with us online. The first project meeting aimed to get to know the partners, develop a good collaboration, establish all administrative, management and financial tasks and also create an optimal space for sharing everyone's experience and expertise through the development of each project results. So, it was a beautiful and fruitful meeting during which we managed to do a peer-review of the first result of the project: the MOOC for an autonomous life.

**PROJECT
CONSORTIUM**



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LAUNCH OF THE MOOC PLATFORM FOR AUTONOMOUS LIFE



Officially opens access to our educational platform through which a common learning space was created both for educational specialists in the field of adult education on mental health issues and for adults who have different mental health problems. The purpose of this platform is to develop the skills of adults with mental disabilities for an autonomous life, including solutions and practical exercises in the field of: hygiene and mental health, financial education, vocational counseling.

www/projectcalmd.com

The first one addressed to educational specialists who improve their skills to work and develop educational services for adults with mental disabilities. All these resources within the first section are made available, they offer an innovative e-learning learning context to allow the professional a set of psycho-pedagogical skills, necessary for the application of work strategies to cognitively, emotionally and behaviorally support people with disabilities .

The second section addresses people with special needs and a specific interface has been created that they will have access to adapted information. All resources will be used on the principle of full accessibility using educational software to facilitate the information provided.

The third section is mixed, of interaction between specialists trained in training and people with special needs. A counseling intervention area was created for the purpose of developing personal autonomy, strengthening self-esteem through therapeutic stories, behavioral coaching, role play, games therapeutic.

*Do you want to know more?
To know more about the project please visit our website
<http://projectcalmd.com/>*

The platform has a friendly interface and allows users access on devices such as smartphone, tablet, laptop. In all the sections addressed to people with disabilities, all the educational resources have been adapted (the videos have a narrator, the texts are easy to read, we used icons and emoticons to serve the assessment), the practical exercises are contextual and respond to a certain specific need.



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